DOMESTIC SCIENCE

PLAN TO ADD IT TO THE STUDIES OF COLLEGES FOR WOMEN.

Synopsis of a Lecture on the Subject by Mrs. Ellen S. Bichards-She Advocates Teaching the Theory of Housework. Details of What She Proposes.

It is quite probable that within a few rears instruction on domestic science will be given in some of the leading colleges for women, like Vassar, Smith and Wellesley. Mrs. Ellen S. Richards, of the Massachusetts Institute of Technology, herself a col-lege graduate, has formulated the opinions of many college women upon this question and presented them in a paper on "The Re-lation of College Women to Progress and Domestic Science," which she read recently before a meeting of the Intercollegiate

Alumba association. She says that for some years eminent men have taken pleasure in discussing college women as to their mental ability, their moral and physical status, their predilection for matrimony, voting, or the presidency, but that those same men seem to have ignored considering what kind of home college women should make, the position they should take on the servant ques-tion, and the influence they should have on that center and source of political economy, the kitchen.

Mrs. Richards says that notwithstanding all this the college woman has gone serene-ly on her way, making her place in the world by her practical ability without any fuss, until she is found today in the thick of many a fight a leader for the right and for the amelioration of every class. She says that in the prospectus of Vassar col-lege, issued in 1865, the statement was made that a young woman in college was in danger of forming tastes and habits tending to unfit her for her allotted sphere.
VASSAR'S EARLY COURSE.

And so the managers of Vassar in that year assured fathers and mothers who thought of sending their daughters to college that domestic economy would be taught theoretically through text books and lectures, that visible illustrations would be furnished in the college kitchen, larder and laundry, with reference to the selection of meats, vegetables and other articles of food, their preparation for the table, the arrangement of a pantry, the setting and serving of a table, carving. care of silver and cuttery, washing, iron-ing, and so on, and so on. The prospectus also announced: "Regular hours for sewing will be allotted to all the students, first for the repair of their wardrobes and then for ornamental or benevolent objects of their own selection. In these sewing groups, under the direction of competent teachers, opportunity will be afforded for many useful suggestions, and to some extent regular instruction may be given in plain and ornamental needlework."
"So rapidly did the ideas of nollege edu-

cation for women change," writes Mrs. Richards, "that three years later the only vestige of this programme left was the bewing bour, and even that has long since been abolished. You will notice that this is the old idea of learning to do a thing by soing it over and over again, the idea of the trades schools, where the apprentice has to go through all the steps day by day mechanically till he cannot help doing it in a right way. All fermer efforts to teach tomestic work in school have been on this trade school idea. Is it any wonder that the young women themselves have ten-dered all such attempts more or less futile?

"They had a truer idea of the value of their time in school and college. The spirit of the age has evolved a new theory of education out of the increased knowledge we have gained through the discov-eries of science. We now can teach the ples of all trades-that is, the fundamental laws of matter and form-in a few months with just sufficient practice to illustrate principles, and we must bring our teaching of domestic science into harmony with the broader education of the times.

"First, the subject should be put in the college curriculum on a par with the other sciences, and as a summing up of all the science teaching of the course, for chemistry, physics, physiology, biology, and especially bacteriology are only the stepping stones of sanitary science. Therefore in the junior or senior year, after the student bas a good groundwork of these sciences. there should be given a course of at least two lectures a week and four hours of prac-tical work, the lectures to treat of.

"1. The house and its foundations and autroundings from a sanitary view point, as well as an architectural one. "2 The mechanical apparatus of the

house, heating, lighting, ventilation, drainage, etc., including methods of testing "R Furnishing and general care of a

house, including the chemistry of cleaning. "4. Food and clething of a family, ap-plied physiology, chemistry of food, and '5. Relation of domestic service to the

general question of labor, with a discussion of present conditions and proposed reforms. The practical work should consist of: 1. Visits of inspection, accompanied by

the instructor, to houses in process of con struction, to those of good and bad types, of both old and new.
"2. Visits to homes where the housekeep-

er has put in practice some or all of the theories of modern sanitary and economic

"3. Conferences with successful and progreative housekeepers. "4. Practical work and original investigation in the laboratory of sanitary chem-

Think you a young woman, after a year of this study, will be less fitted to manage a modern household than one who has

made beds, washed dishes, er learned darning all through her college course? I ventto say that no work more worthy of the collegiate alumnae or more far reaching in its possibilities for good can be undertaken than the formation of home science clubs, not only by every association branch, but wherever half a dozen women can be found with patience and courage enough to study the local conditions affect-ing home life."—New York Sun.—

Woman's Hard Work.

The bardest part of the work of a woman who is a housekeeper and head of a family is that it is so broken, and generally performed in such a piecemeal manner. She has to stop her sewing to nurse the children, and she cooks while she runs in twenty directions to attend to various other matters. Sometimes a bed cannot be made without two or three interruptions before it is finished.

When she tries to do anything of more and do nothin'. consequence the case is complicated a twice the credit that she receives for any headwork, because she not only does the Bridgeport, "'John,' says I, 'l'll go to please you, but

work, but makes the time to do it in to make it by management and "working in snatches."—Housewife.

"'John, says I, I if go to make it's right."

"'Now, mother,' says be, 'Til come up and git you, or you kin have Henry come The united crosses of England and Scot down. and were first used on the flag in 1606 by order of King James, then sovereign of the and look after the farm, and I guess I kin two countries. In that year some differ git to Bridgeport if the cars will take me ences having arisen between the ships of there.' the two countries at sea, the King ordered that a new flag be adopted, with the will meet you, says he "How will I know, says I, when we are the two countries at sea, the king ordained

Wichita Wholesale & Manufacturing Houses,

couses given below are representative ones in their line, and thoroughly reliable. They are furnished thus for ready reference for the South generally, as well as for city and suburban buyers. Dealers and inquirers should correspond direct with names given. The houses given below are representative ones in their line, and thoroughly reliable. They are furnished thus for ready referwith names given.

-CHAS. T. CHAMPION,---

BOOKS, STATIONERY AND HOLIDAY GOODS I carry the largest stock of above in the state and am prepared to fill orders promptly with the newest and best selling goods at EASTERN PRICES.

CORRESPONDENCE SOLICITED. 118 East Douglas Avenue, - - - - - Wichita, Kansas

GLOBE - IRON - WORKS,

Steam Engines, Boilers and Pumps, and Dealers in Brass Goods, Rubber and Hemp Packing, Steam Fittings, Etc. Repairing of all Kinds of Ma-chinery a Specialty. Orders promptly filled for all kinds of Sheet Iron Work. All kinds of castings made. A. FLAGG, Proprietor. - - - - Wichita, Kansas.

The Stewart Iron Works,

MANUFACTURERS OF IRON FENCING,

Architectural, Wrought and Cast Iron Work for Buildings. South Washington Avenue Wichita, Kansas.

TO ART DEALERS AND ARTISTS. Artist's Materials, Pictures, Mouldings and Frames Wholesale and retail. Catalogue free.

MAIL ORDERS PROMPTLY ATTENDED. F. P. MARTIN, 114 Market St.

THOMAS SHAW

Pianos and Organs

Trimble Bros. & Threlkeld.

WHIDLESALE HARDWARE Special attention to mail orders.

110 E Douglas, - Wichita, Kan

W. STALLINGS & SONS, MANUFACTURERS OF

STALLING'S PALMOLE TOILET SOAF

526 Chicago Ave. - Telephone 99

HE CRYSTAL ICE COMPANY

Now ready to supply all wishing their Pure Distillard Water ice, at usual prices. Office and Factory Cor. George and Fearl streets. West Fide. Order Books at W. W. Pearls streets. West Houghts Ave, and Occidental Hotel Cor. Secund and Main.

Priephone No. 142.

dillist.

FLOUR DEPOT

f. Elsenmayer Sr. Milling and Elevator Co., of Halatend, Kan., carry a full line of hard and soft wheat flour at their agency in this city. Send for OTTO WEISS, Agent, 23 N Main Wichita.

SWAB & GLOSSER,

And Jobbers of Woolens and Tailors Trimmings. 145 N Main Street, - Wichita.

WICHITA BOTTLING WORKS,

OITO EIMMERMANN, Prop.
Bottlers of Ginger Ale. Champagne
Cider, Sada Water, Standard Nervo
Food, also General Western
Agents for Wm. J. Lemp's Extra Pale. Cor. First and Waco Sts., - Wichita.

EXTON WAREHOUSE.

HETTINGER BROS.

216 E DOUGLAS AVE. Physicians Supplies and Surgical Instruments. Send for our Illustrated

Catalogue.

—L. М. COX,—

Manufacturing - Confectioner

And jobber in Figs, Dates, Cigars, Foreign and Domestic Nuts, Cider,
Paper Bags, Paper Boxes, Candy Jars, Trays, Etc.

215 and 217 South Main St., - . . .

THE C. E. POTIS DRUG CO. (Formerly Charles E. Potts & Co., Cincinnati, O.)

WHOLESALE DRUGGISTS Goods Sold at St. Louis and Kausas City Prices.

233 and 235 South Main Street, - - Wichita, Kansas.

LARGEST SOAP WORKS IN THE WEST, ESTABLISHED 1887. The Wichita Soap Manufacturing Company. LAUNDRY AND TOILET SOAP.

A full line of Laundry Soaps, including the famous "Magnet" brand. Correspondences solicited and delivered price lists sent on application. 605 AND 607 SOUTH FIFTH AVENUE, - . WICHITA, KANSAS

THE WICHITA OVERALL AND SHIRT MANUFACTURING CO.

MANUFACTURERS AND JOBBERS OF Overalls, Jeans, Cassimere and Cottonade Pants; Duck Lined Coats and Vests; Fancy Flannel and Cotton Overshirts; Canton Flannel Undershirts, Drawers, Etc.

Factory and Salesroom 139 N. Topeka, Wichita, Correspondence Solicited

BAKER, RAFFERTY & CO.,

E THOUGHT SHE MIGHT WALK.

Had Never Traveled Before.

irs, and you have nice cushioned seats

and you see lots of strangers. Mother,"

ays he, 'you would like it, I know.'
"'Well, John,' I says, 'it don't seem

right to me, an old woman, to go guddin'

"But every time he come to our house he

kept a urgin' me.
"'John,' I says, 'I might go if I could do

some knittin' on the cars. But I ain't willin' to set idle with my hands crossed

see any women do much sewin' on the cars,

but, bless you! lots of 'em knits. You kin

jest sit there and knit till you get to

"'No,' says I, 'Henry must stay to home

"'They will take you right there, and I

"Why, mother,' says he, 'I ain't never

link I would like it.'

bout in new fangled cars."

Manufacturer,s wholesale, transfer and forwarding agents, and dealers Manufacturer, s wholesale, transfer and forwarding agents, and dealers in carriages, wagons, farm implements, wind mills scales, engines and threshing machinery. We have on hand a full line of the following manufacturers goods that we can ship at quick notice:

Studebaker Bros. Mfg. Co., South Bend, Ind., Enterprise Carriage Co., Cincinnatt, Ohio, Hoover & Gamble, Miamisburg, Ohio, Esterly Harvesting Co., Whitewater, Wis.; Fairbank, Moore & Co., of Chicago,; Walton Plow Co., Bloomington, Hl.; Pekin Plow Co., Pekin, Hl., Avery Planter Co., Peoria, Ill.; Jno. Dodds Hay Rack Co., Dayton, Chio., Frick Engine Co., Waynesboro, Penn.; Massilton Thrasher Co., Massilton, Ohio,; Krugslornd & Douglas Mfg.

Co., St. Louis, Mo.; Huber Engine Co., Marion, Ohio.

Cor. Main and First Streets. Cigar Headquarters. W. T. BISHOP & SONS, WICHITA, KANSAS.

Send Us a Trial Order or Call and See Us.

FINLAY ROSS WHOLESALE AND RETAIL

FURNITURE, CARPETS, ETC

The Largest Establishment in the State. Nos. 119 and 121 Main Street, - - - Wichita, Kansas.

GETTO-MCCLUNG BOOT AND SHOE CO.,

BOOTS:&:SHOES

All goods of our own manufacture warranted. Orders by mail promptly and carefully filled. 135 and 137 N Market Street, Wichita, Kansas.

THE JOHNSTON & LARIMER DRY GOODS CO., Dry: Goods,: Notions: and: Fur Ishing: Goods. Complete Stock in all the Depa ments.

119, 121 & 123 N Topeka Ave. - - - Wichita, Kansas. -CORNER: & : FARNUM. ROYAL SPICE MILLS, SPRAY YEAST.

A new process dry compressed yeast cake. Quick, strong and sweet. Al-ways in the house ready for use, and will keep a year. Price 5c a packag Factory cor. Kellogg & Mosley Ave Jobbers and Manufacturers, Teas-Coffees, Spices, Extracts, Baking Powders, Bluing, Cigars, Etc. 112 and 114 S Emporta Ave.

McCOMB BROS. J. A. BISHOP,

WALL PAPER SADDLES & SADDLERY HARDWARE Paints, Oils and Glass.

121 E Douglas Ave, Wichita, Kan 150 N Market St., Wichita, Kan BURR FURNITURE CO., CHAS. LAWRENCE,

Photograhers'. Supplies! FURNITURE

SHAFFER & MAHANEY

Gravel Rooning, Roofing and

Ruitding Materials. Telephone 164. 18th St. and 4th Ave., Wichita, Kan

E. VAIL & CO.,

WATCHES, JEWELRY, CLOCKS AND SILVERWEAR.

BUTLER & GRALEY PIECED: &:PRESSED TINWARE.

Job Work of all kinds promptly strended to.

Wichita, Kan. Telephone Connection

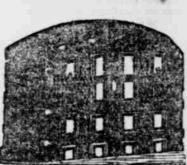
213 South Main, Wichita, Kan. CHICAGO LUMBER CO.

LUMBER DEALERS Corner First Street and Lawrence Avenue Chicago Yards, 5th and Iron streets, Chicago, A. Smith, Saleman, Geo. L. Fratt, and Geo. W. Cross, Resident Partners.

WICHITA WHOLESALE GROCERY CO.

Wholesale : Grocers, The Earliest Retlable Royal Arch Rec-

OFFICE AND WAREHOUSE 213 TO 223 SOUTH MARKET STREET. Keep everything in the grocery line, show cases, Scales and grocers fixtures. in England was brought to the knowledge of it is now worth about \$200 in mo of the public by Bro. T. B. Whytehead in Platings, which is the least ex-Sole agents for the state for "Grand Republic" cigars, also sole proprietors of the "Royalty" and "La Innocencia" brands. d5



Wichita Trunk Factory II. HOSSFIELD, Proprietor. Manufacturer Of, Wholesale and Retail Dealer in

Trunks, Valises, Satchels, Shawl and Trunk Straps, Pocket Books, Willow Ware, Etc.

125 W Douglas.

——LEWIS B. SOLOMON——

Wholesale Cigars,

BOARD OF TRADE BUILDING, WICHITA, KANSAS.

Our leading brands of 5 cent rigars are La Marca De Merito, La Flor De Stadley, La Pertecte, ne. King Corn, Havanah Ciparros. Merchants sending in orders will receive prompt attention dis guaranteed. We also carry a full line of Key West Imported and Domestic Goods.

LEHMANN-HIGGINSON GROCER CO.,

holesale Grocers,

Are now ready for business. Keep a Full Line of Staple and Fancy Groceries Woodenware and Notions.

ilar length of time, and then by more en of the wans of the stomach physical ato mechanical therapeutical agents, such as massage, electricity and dydrotherapeutics, re usually a valuable complement to the

> glish character in a nervous but plain hand. He requires a bribe of \$1 before exhibiting this accomplishment, however. On the giaciers of Switzerland are found shafts and lakes of beautifully blue water.

> > King George of Greece is one of the most democratic of rulers. He has a thin and rather elegant figure, a fresh complexion and is buid. He is a fine horseman, but

During the last twenty-four years 2,400 bulls and 1,700 horses have been killed in the bull fights in the City of Mexico. But two picadores (buil fighters) have been

To make good mucilage without using gum arabic, take two parts of dextrips, five parts of water and one part of acetic Dissolve by heating and add one

Quite Another Person.

door with a bill. Mr. Highliver-Nonsense; be is no Tell him I'm engaged.-Texas THE BARKING OF LEO.

the city—

Far over the roots of the houses, I hear the barking of Leo:

For me he is meaning and crying, for me in measure announce and crying, for me in He raises his marvelous voice, for me he is wall-ing and calling.

None can assuage his grief, though but for a day is the parting. Though more after more tis the same, though

bothe every night comes his master; Still will be grieve when we sever, and wilds will be his rejoicing. When at night his master returns and lays but a hand on his forebe No lack will there be in the world of faith, of

living-While over the roofs of the houses I hear the barking of Leo.

—R. W. Gilder in St. Nicholas.

Styles in Addressing Letters.

It is related of Tom Ochiltree that on his first visit to England he awakened diverse emotions in the breasts of a country gen-tleman and of a tailor by addressing a letter to the gentleman, "Mr. Thomas Rug-gles," and a letter to the tailor, "A. Fitwell, Esq." The gentleman was sorely offended and the tailor felt flattered. The customs and the tailor felt flattered. The customs of this country make no particular distinction between the prefix "Mr." and the affix "Eeq." In England there is a wide distinction. The title "Eaquire" is worn by justices of the peace, well to do country gentlemen and professional men. It ranks next to knighthood. The prefix "Mr." is applied to tradesmen and other plain people of respectable callings. The miscellaneous use of these two terms is some. laneous use of these two terms is some-times confusing to students of social and commercial etiquette.

Here, for instance, is "G. V. W.," who in

writing a business note to a bank cashier, is puzzled to know which is the correct way to address the gentleman, "Mr. J. R. Holmes, Cashier," or "J. B. Holmes, Esq. Cashier." Business courtesy knows no fixed code by which such a question can be decided. In this country the prefix "Mr." is a perfectly proper and respectful designation of any gentleman. Nothing more is necessary in addressing men not occupy-ing official rank or station. On the other hand, the affix "Esq.," meaningless as it is here, is accepted as a title of dignity, and certainly can give no offense. American business men are no sticklers for titles of any kind. Conciseness is the main thing in their correspondence. Most of them would no doubt address "G. V. W.'s" bank friend as "J. B. Holmes, Cashier," and that would meet all requirements of busi-ness courtesy.—New York Times.

Not Much Carbon Gas

There is a widespread belief that the presence of growing plants and cut flowers in rooms is in some ways prejudicial to those who sleep therein. This belief is probably due to the fact, learned at school, that plants give off at night carbonic acid, and the knowledge that this gas is irrespi-rable. A writer has recently published the results of some experiments made in a closed greenhouse, showing how fanciful are these fears.
In this greenhouse were 6,000 growing

plants, and the average of three experi-ments made early on three different mornings after the place had been clos more than twelve hours exhibited only 4.03 parts of carbonic acid per 10,000. We can judge by this experiment that from one or two plants the quantity of gas given off must be far too small for recognition, and certainly many hundred times less than that formed by a burning taper or given off by one pair of lungs.—Amateur Gardening.

MASONIC.

ord-Other Items.

The earliest reliable Royal Arch record the costlicat of all the metals, and a pound scholarly brother quotes Bro. Hughan as having presented the treasurer's book of the Grand Chapter of Royal Arch Months. the Grand Chapter of Royal Arch Masons at York to the York lodge, which says, "A most sublime Hoyal Arch chapter was opened on the 8th of February, 1778." This," says Bro. Whytehead, "in connection with the earlier minute book just come to light, completes the chain of Royal Arch history at York from Feb. 7, 1762, to Sept. 10, 1781.

Bro. T. S. McFarland, P. T. I. M., of Vermont, has a copy of the preceedings of the grand lodge of that state holden in Montpelier, the second Thursday of October, 1828. The book contains only seventeen pages. The size of the pages is 3 inches by 5 inches. The D. G. M. presided and made the annual address. This was in the beight of anti-Masonry, and all were looked upon as anything but honorable men. There were 73 lodges and 50 were not represented, while several were only represented by proxy and failed to pay dues.

A majority of the lodges in New Zealand have assumed to form a grand lodge. A grand lodge has been formed in Tas-

Boston commandery of Knights Tem plars, of Boston, held its eighty-fifth annual conclave Oct. 15, 1890. It has 683

members and a permanent fund of \$20,

The Lodge of Edinburgh is a very old in stitution. So far as authentic records go, it is the oldest Masonio body in the world with a continuous history. The records open with a "Minute of convention" of the Lodge of Scotland, held at Edinburgh in 1597. That minute is signed by William Shaw, the king's "maister of works," an office of state similar to that now held by

the chief commissioner of woods and fo

In Weeden's "History of New England" appears a paragraph which is of great interest to Masons in America. It states in effect that during the year 1658, only thirty eight years after the landing of the Pil-grims at Plymouth, some fifteen familles arrived in Newport, R. I., bringing "with their goods and mercantile skill the first

REDDING

. A Whistling Well. In the town of Great Valley, in Catta-rangus county, N. Y., there is an interest-ing curiosity locally known as the "whis-tling well." It is located on a farm be-longing to Col. Wesley Flint, and was dug longing to Col. Wesley Flint, and was dug by the colonel's father about forty-five years ago. When the well had been sunk to a depth of forty feet without striking the coveted vein of water, old man Flint and everybody else declared the venture a flat failure. A few months later some members of the Flint family noticed that occasionally there would be a strong curcent of air rushing into the well for some hours in succession, and that it would be belched forth for a corresponding period

As a matter of safety the well was cov-ered with a large, flat stone that lay in the yard, the stone having previously had a hele drilled through it something like an inch and a half in diameter, A whistle was placed in the bole, which has ever since furnished the neighbors reliable weather indications, the notes being changed as the current has an upward or downward cast. In settled weather the whistle is silent; an approaching storm, however, is beralded by a warning shrick of the whistle as the air rushes out to

mingle with the rarefled atmosphere above. As clear weather again approaches the nir is drawn into the well through the whistle with a noise wholly different to that which it made in escaping through the hole before the storm. In winter there is often weeks at a time when the air will escape through the whistle with force hardly sufficient to blow the whistle, the poise made by it sounding not unlike the humming of a telegraph wire. St. Louis

Shooting, as a sport, has a ridiculous as well as a cruel side. A man entering a country railroad station saw another man standing with a gun under his arm, evidently relating a hunting experience to two other hunters.

"and the animal fell plump to the ground; but he was only wounded, and started up. I pursued him with the relentlessness of a red Indian, and with the clubbed butt of my gun I finished him?" "What sort of a beast was this?" asked

"I fired," said the man with the gun,

the newcomer. "A chipmunk," said the man with the gun.-Youth's Companion.

WHAT METALS COST. The price of iron is about I cents per

Cast steel costs on an average about 31/2 ents per pound.

Lend can generally be purchased for bout 4 cents per pound. The cost of zine, as a rule, will average

about 6 cents for a pound. Copper generally can be bought at an average price of 13 cents for the pound. Tin commands a price per pound that will range in the neighborhood of 24 cents, Nickel, which has developed armor plate nalities recently, is worth about 51 cents

Aluminum, which is a very light, white netal, is generally sold at the rate of about

\$1 per pound. Mangauese, which is hard and difficult of use, commands generally about 57 cents

by the pound. Silver, of which such enormous quantiles are mined in the United States, is gen rally held at about \$15 per portud. The bright and shining yellow gold is

Stranger (to a Bowery vender of cigar ettes, tobacco and cigars, whose whole stock in trade of cigars consisted of two partially filled boxes)—Have you any tes

ent cigars? Vender reaches toward box number one.

"Er, have you any five centers? Vender reaches toward box number two "Oh, I say, have you any two-for-fives?" Tender reaches toward box number one.
"Never mind; I guess I will go down
here to a friend of mine and get some three-

Vender detains him with one head, reaches toward bex number two with the other and exclaims, "Here are some "-New York Tribune.



of pure Cod Liver Oil with Hyp phosphites of Lime and Sods simost so pelatable as mile. Children sojoy it rather then otherwise. A MARYELLOUS FLESH PRODUCES it is indeed, and the little lade and lassies who take cold easily, may be fortified egainet a cough that might prove serious, by taking Scott's Emulsion after their mesis during the winter sesson.

BEECHAM'S PAINLESS. PILL SEFFECTUAL.

Such as Wind and Pain in the Stomach, Fullness and Swelling after Mebls, Disziness, and Drowsiness, Cold Chills, Flushings of Heat, Loss of Appetite, Shortness of Breath, Costireness, Scurry, Biotches on the Skin, Disturbed Sleep, Frightful Dreams, and all Nervous and Trembling Sensations, &c. THE FIRST DOSE WILL CIVE RELIEF IN TWENTY MINUTES. BEECHAM'S PILLS TAKEN AS DIRECTED RESTORE FEMALES TO COMPLETE HEALTH.

Digestion, Constipation, Disordered Liver, etc.,

FOR BILIOUS & NERVOUS DISORDERS

For Sick Headache, Weak Stomach, Impaired

Digestion, Constipation, Describer of Liver, Cabe,
they all like MAGIC, Strangthening the muscular System, restoring long-best Complexes, infinding back the wese edge of appetite, and according with the 6005200 of
MEALTM the whole physical energy of the business frame. One of the best guarantees
to the Servers and Describers in that BEECHAN'S PILLS HAVE THE LARGEST SALE OF
ANY PROPRIETARY MEDICINE IN THE WORLD.
Prepared only by THESE BEECHAM, 61. Holess, Lancockire, Enginee,
Solid by Droughest generality. B. F. ALLER CO. 265 and 267 Casai St. See Tecs.
Soils Agents for the United States, she id your druggest done not keep those WILL MAIL.
BEECHAM'S VILLS on ENGLISHT of PRICE Sees. A BOX. (MESTERS TWO PARKS)

Was Only an Hour by Bail, and She "So here I am on the cars for the first "I never been on the cars before," said to listle old lady, settling berself in the time. It ain't much use for me to be wastin' my time, and I guess I'll do some at and arranging her skirts. "My son a married fifteen years ago, and went to knittin'. or to Bridgeport. He kept a urgin' me trembling hand, drew forth her knitting. The care, and I don't "Do you know," she said turning around to the care, and I don't "Do you know," she said turning around to the care and I don't "Do you know," she said turning around the care and I don't "Do you know," she said turning around the care and I don't "Do you know," she said turning around the care and I don't be the The little woman put on her glasses,

will put his head in the door and say what

her work and looking at it closely, "the "'Now, mother,' says he, 'you won't cars run quite smeeth. I don't seem to ave no trouble at all. You jest git on the mind 'em at all, but it don't seem right for an old woman like me to be goin' about on She nicked up two or three stitches and was on the point of starting her siender

> "What did he say?" asked the little woman, with a surprised look in her eyes.
> "Bridgeport. We are coming to it now." "Bridgeport?" she said, folding her nitting. "Now aint that aggravatin'? I knitting.

needles on their war when the brakeman

opened the door and cried, "Bridgeport,

onest faced man who came in to meet her, why did you fool me about Bridgeport! I could have walked it in a couple of hours." "It's forty miles, mother," he said, kissing her wrinkled face. "It's the cars you

Massage of the Stomach for Dyspepsia.

In the forms of dyspepsia that are due to

ow that make it seem short."
'Dear, dear!" said the mother. "Ain't "Dear, dear!" wonderful?"-New York Tribune.

credit into which they have fallen may possibly be accounted for by the fact that certain physicians expected greater results from them than they were able to furnish, and also by the fact that an attempt was made to draw up certain absolute rules instead of being guided by the features peruliar to each case.

The massage of the stemach can be performed in two ways-when the stomach is full or when it is empty. M. Cseri, of Pesth, has given a very careful set of directions for the massage of the stomach when it is full. It must be done when the food has become thoroughly impregnated with

the gastric juice-that is to say, two or three hours after meals, at the very mo-

ment when the spontaneous contractions

distetic and pharmaceutical treatment.

But these means are not to be considered

as anything more than a complement to

the usual treatment, and the relative dis-

chymified mass on its way, and by stimu-lating the contractility of the stomach at the very moment when it should begin to The patient should lie flat on the back the head raised by two pillows and the outh open. It is well to begin by a gentle friction in a direction running from the larger curve of the stemach toward the

Children Cry for Pitcher's Castoria.

ergetic and deeper rubbing, to end up by rapid and gentle friction performed in such a way that the whole scance shall not last more than ten or fifteen minutes.— Sitting Bull wears a eight and one-half hat and shaves with a pair of tweezers He is able to write his name in the En

Blue, in fact, is the natural color of both water and ice. In the clefts and crevases of the glaciers this delicate color is seen.

prefers walking to riding. killed in the same time

Servant-There is a gentleman at the

pylorus for two or three minutes. This should be followed by kneeding more-

always thought Bridgeport was forty miles from us. If I had known that it was so of the stomach begin to pour its contents into the duodenum. In this way we attain a twofold end by helping to start the near I would have walked it. Why, I ain't Nobody laughed at the little woman.
"Why, John," she said to a big, strong, act physiologically.